



# JOURNEY

A Communicator for the  
Roman Catholic Archdiocese of Kingston

September 2019

[www.romancatholic.kingston.on.ca](http://www.romancatholic.kingston.on.ca)



## The Provincial Catholic Women's League comes to Kingston

*Report by Marie-Theresa Lamphier; photos by Lyne Tuepah*

Brian Patterson, the Mayor of Kingston, proclaimed July 13<sup>th</sup>-17<sup>th</sup> as Catholic Women's League Week in Kingston, as more than 400 delegates, representing 13 Ontario dioceses, converged on the Limestone City for the 72<sup>nd</sup> annual Ontario Provincial CWL convention. The festivities began with the raising of the CWL flag at Confederation Park, where both Provincial President, Anne Madden, and Diocesan President, Nancy Richer, brought greetings.

The Opening Mass of the Convention was held at St. Mary's Cathedral on Sunday, July 14<sup>th</sup>, with Archbishop Michael Mulhall as celebrant and Archbishop Emeritus Brendan O'Brien, the Provincial Spiritual Advisor, as concelebrant. On Monday, July 15<sup>th</sup>, delegates gathered at the Ambassador Hotel as the Convention, whose theme was 'Care for our Common Home', began in earnest. After morning Mass, celebrated by Archbishop O'Brien, keynote speaker, Professor Hazel Markwell, from St. Paul's University in Ottawa, spoke on 'Dignity for All'. She focused her presentation on advance in medicine and how they have changed our view of life. The goal of medicine is to cure, provide relief, comfort, and care, and to avoid premature death. All people deserve dignity. Professor Markwell reminded us that a nation's greatness is measured by how it treats its weakest members. She touched on MAID (Medical Assistance in Dying) and suggested how we could help our loved ones die with dignity.

The Convention continued on Tuesday, July 16<sup>th</sup>, beginning again with morning Mass. The Diocesan Presidents and Officers presented reports based on their 'environmental term' and provide an update on projects done on behalf of the homeless. Marilyn McLean from Kingston Street Mission spoke in the afternoon, and all were amazed at the work that is being done by her volunteer group. Delegates offered to take up a collection, and \$1,630 was raised to help the mission continue its good work.

*(continued on page 3)*

## **Pastoral Letter of Archbishop Mulhall to the Faithful of the Archdiocese of Kingston and the Diocese of Pembroke**

My dear faithful of the Archdiocese and Diocese,

As I begin my final months of episcopal service in the Diocese of Pembroke and begin my ministry in the Archdiocese of Kingston, I wish to write a joint letter to you. I do this because I have been very conscious in these past weeks of the difficulty of serving the Church of both Pembroke and Kingston, attempting to be present for the important events in the life of each community. I hope to prepare a similar letter for you in the coming months before a new bishop is appointed for the Diocese of Pembroke.

On Saturday, 29 June, the Holy Father Pope Francis celebrated Mass for the Solemnity of the Apostles Peter and Paul at St. Peter's Basilica in Rome. In recent history, this Mass has been an occasion for the presentation of the pallium, which is given to the Archbishops who have been appointed in the past year. The pallium is a liturgical band of wool worn at Mass by the Archbishop. It symbolizes the bond of unity and the participation of the Archbishop in the supreme pastoral office of the Holy Father. This pastoral office comprises the essence of the office of ordained ministry in the Church – namely, the ministry of sanctifying, teaching, and governing the holy people of God.

The pastoral office of the Holy Father plays a fundamental role in our lives as Catholics. Central to our faith is the belief that the Holy Spirit continually guides the Church in all aspects of its life, including the election of Popes. In the past decades, these have been men of great holiness and ability. They have followed the will of God and wisely guided the Church on a sacred pilgrimage through the turbulent times of our modern world. Since 1960, three of these Popes have been canonized. Our more senior members of the Church will recall St. John XXIII, who convoked the Second Vatican Council (1962-65), placing his full trust in the guidance of the Holy Spirit. The true teachings of this Council continue to guide the Church on her pilgrimage. The courage and long suffering of St. Paul VI led the Church through turbulent years of the late 1960s and early 1970s. For a brief month, we were granted the warm smile and goodness of Pope John Paul I. His early death led the way for the magnificent ministry of St. John Paul II, who set the Church on a confirmed path towards the Third Millennium. Few Popes have had such an effect upon the Church as Papa Wojtyla. His determination to plumb the depths of the Council's pronouncements has given to the Church a body of teaching which addresses the most pressing issues of our present age. Pope Benedict XVI served the Church with a deep humility and powerful insight into the mysteries of our faith. His homilies and teachings will be a gift to the Church for centuries. In Pope Francis, the Lord has prepared a pastor who has challenged the Church to go out into the world with renewed confidence, knowing that the groundwork of teaching and reflection is available for us to speak the truth. His beautiful teaching on marriage and human love is found in the document *Amoris Laetitia* (The Joy of Love, 2016). This teaching presents to the Church the invitation to convert its missionary glance towards humanity and to see through the eyes of the loving Saviour. This conversion, I pray, will allow the Church to speak the fullness of the Gospel's truth to all generations in today's world. As the Church goes out with confidence into the world, may her priests and faithful accompany in charity and truth those who in any way are distant from the true teachings of Christ. May the grace of this discernment awaken in the hearts of all humanity the beauty and joy of the Gospel, a true understanding of the human person, and the rich expression of human sexuality in marriage.

Each of these pastors has played a providential and complementary role in the living teaching office of the Church, a magisterium which serves the truth of the Gospel of Jesus, and continuously discerns the unique needs of our 'today'. The needs of this 'today' have been marked by a divide between the truth of God's plan for the true happiness of his people and a world which, at times, becomes intoxicated with its own power and technological prowess. This divide has deeply affected humanity's relationship with the Divine. The remarkable technological development of the past century has introduced a fundamental question for humanity: "Just because I am able to do something, does this mean that it is ethically good to do it?" Humanity's struggle to properly address this question over the past century has led to the continued possibility of nuclear destruction, the fragility of the environment, the resort to war and violence, and the loss of respect for human dignity. Fifty-one years ago, St. Paul VI addressed this very question as humanity developed an intrusive method to regulate the transmission of life. The teachings of *Humanae Vitae* (Of Human Love, 1968) addressed the very core of this divide between technological development and the truth regarding human sexuality. The profound teachings of St. John Paul II confirmed this teaching. His writings and preaching provided for the Church an attractive teaching on the dignity of human sexuality and marriage, while at the same time identifying the danger of a false sense of liberty which led humanity away from God. This teaching has borne enormous fruit. However, the divide has continued to grow in the Western world, and the grave effects of the loss of the sense of the Divine in people's lives has become more pronounced. In this context, the message of accompanying charity in truth, as proposed by Pope Francis, needs greater and greater development in our pastoral approach.



This model presented by the Holy Father asks a great deal. It can be an enormous challenge for us to strike out 'into the deep' – that is, into the world – and to learn the new and vital lessons of evangelical presence. It asks that each of us develop our understanding and acceptance of the truth of Christ's gospel, while at the same time developing skills that allow us to accompany, listen, and discern with those who differ from the beliefs of the Church in any way. Accompaniment is not a compromise to find a common agreement, nor is it an excuse to dissent from the teachings of Christ's Church. One who accompanies must be committed to one's faith. A growth in this charism to accompany is the fruit of prayer. In prayer, Jesus allows us to appreciate the sin of our lives, and, at the same time, he consoles us through his mercy. The Christian who experiences the presence and accompaniment of Jesus in prayer becomes equipped, through God's grace, to accompany properly, listen to, and discern with others the joys and challenges of our common earthly pilgrimage. There is no shortcut in this grace-filled charism.

The story of the 'Road to Emmaus' in the Gospel of Luke is an attractive example of the Risen Lord's lesson for the Church (*Luke 24.13-35*). Christ's example is to accompany, listen, and discern with unbelieving disciples, and, through his presence and explanation of the Scriptures, to bring these disciples to belief. I invite each of us to reflect upon this beautiful passage and to allow the Holy Spirit to form our hearts in likeness to the Sacred Heart of Jesus.

In this context, I am deeply thankful to the priests, religious, and, above all, the married couples who have lived this vital charism highlighted by Pope Francis. I call to mind the special programs focussing on the danger of euthanasia; the patient ministry of sacramental catechesis; the marriage preparation programs; and the introduction of this teaching in our High Schools. I am also thankful for the cooperation of the Renfrew County Catholic School Board in making this program available.

It will be a joy for me to grow in my knowledge and appreciation of the parishes of the Archdiocese of Kingston in the coming months. I value my individual meetings with the priests of the Archdiocese of Kingston, as we reflect together on the challenges of priestly and pastoral ministry today, identifying needs and future initiatives that will ensure a better ministry to the faithful. I know that I will see in the Archdiocese of Kingston a deep appreciation of the invitation of Pope Francis.

My dear faithful, let us keep one another in our prayers in these coming months.

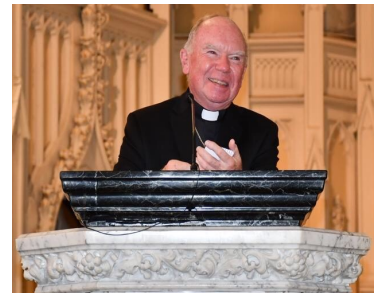
† Michael Mulhall  
Archbishop of Kingston  
Bishop of Pembroke

### CWL Provincial Convention (continued from page 1)

Wednesday, July 17<sup>th</sup>, began with an informative workshop on water and a presentation regarding the work of Development and Peace by Tara Hurford. Archbishop Brendan O'Brien was then presented with a spiritual bouquet on his retirement as the Provincial Spiritual Advisor, after two years in that position.

Following the presentation, elections were held for the new Executive. The results of those elections are as follows: President: Colleen Perry (Ottawa); President-Elect: Linda Squarzolo: Organization (Sault Ste. Marie); 1st Vice-President: Colleen Martin: Christian Family Life (Thunder Bay); 2nd Vice-President: Wilma Vanderzwaag: Resolutions (St. Catharines); Past-President: Anne Madden: Historian (Kingston); Administrative Assistant: Anna Tremblay (Sault Ste Marie); Treasurer: Marie-Theresa Lamphier (London). Standing Committee Chairpersons are Anna D'Sousa: Communications (Toronto); Karen McDonald: Education & Health (Sault Ste Marie); Emma Rose Rayburn: Spiritual Development (Alexandria-Cornwall); Margie Royal: Legislation (Kingston); Mary Capobianco: Community Life (Toronto); and Life Member Liaison: Jeannie Coleman (Alexandria-Cornwall).

The Closing Mass was held at St. Joseph's Church, where the newly elected officers were installed. An invitation was extended to all members to attend the 2020 Provincial Convention in Kitchener next year. The banner was then passed on to the President of the Hamilton diocese, and this concluded the 72<sup>nd</sup> Ontario Provincial Convention. Congratulations to Anne Madden, Provincial President, and convention Co-Chairs Bernadette Burgess and Kathy Huffman on a successful and memorable convention.



Photos by Shelley Stepanuk

## My Journey to the Permanent Diaconate

Deacon Alan Hogan

"Come and see". These were the words of my wife, Bernice, when she asked me to attend an information session on the Diaconate. So I went, and I saw. I thought that I was content in my faith and the way in which my wife and I were serving God's people in a number of ministries. I would have told you then that I attended the first information session only because my wife suggested it; however, when I look back now, I realize that this was when I first heard God's call to the Diaconate. Prior to this, it had always been others – family or clergy – who had been telling me that God was asking me to see past my contentment. Somehow, they could see something that I was not ready or willing to see. The more Diaconate sessions I attended, the clearer God's vision for me became.

During the next few years, I questioned whether, or not, I had what it takes to be a deacon. I had a preconceived notion of what a deacon should be, and I did not see that in myself. I was not formally educated in theology or canon law; I did not have a background in liturgy; I did not attend daily Mass; and I was fairly private about my relationship with God. I had no special credentials and no special gifts to offer. I believed that I was an unlikely candidate. Besides, I was still working and barely had enough time to do what I needed to do. It was not until the third year of formation that the pieces of this puzzle began to fall into place. I realized that God was calling me to the Diaconate, to a life of service. My part was to respond to his call. I needed to put everything else in God's hands.

The formation process was not an individual journey. There were a number of people who supported me throughout the process: Bernice journeyed with me and was my main beacon of support as we grew together in understanding what this call to the Diaconate meant to us and to our family; my children assured me that it was a good fit for me; the Diaconate formation team provided opportunity to learn about theology, canon law, liturgy, and the Bible; my spiritual advisor listened and guided me through some uncertain times; the Diaconate community modelled Christ in action; and there were many who prayed for Bernice and me. All helped to deepen my relationship with God, and, in doing so, opened my eyes and heart to see where God was calling me. While there is a private component to the discernment process, I experienced a very public outreach from the Body of Christ who accompanied Bernice and me in this process.

A significant part of the formation process is a six-month practicum at a parish. I was blessed to spend this time at St. Mark's Parish in Prescott, under the guidance of Father Brent Brennan, and with the support of Deacon Mark Mawson. They, as well as the parish community, were patient, understanding, and forgiving. After Ordination, I was extremely pleased to be placed back at St. Mark's and to have some involvement with Sacred Heart Parish in Cardinal.

My lifelong journey of Diaconate service to the people of God has just begun. I came and I saw.

*Jesus said, "What are you looking for?" They said to him, "Teacher, where do you live?" He said to them, "Come and see." John 1:38-39*

**If you are interested in learning more about the life and ministry of the Permanent Diaconate in the Archdiocese of Kingston, please visit our Archdiocesan website, <http://www.romancatholic.kingston.on.ca> and follow the links posted there, or contact Deacon Bill Gervais at 613-548-4461 X 116 or [deacon@romancatholic.kingston.on.ca](mailto:deacon@romancatholic.kingston.on.ca)**

## Celebrating our Seminarians

On Sunday, August 11<sup>th</sup>, the Knights of Columbus hosted a special event at Our Lady of Fatima Parish in Kingston to celebrate the three young men who are studying for the priesthood in the Archdiocese of Kingston. The event



Above, left to right, Seminarians Michel Quenneville, Jude Thusiar, and Hilton Chiu, sit with Archbishop Michael Mulhall at the Seminarian Celebration.

*Photo by Sharon Buffett*

began in the church, where 200 people gathered to support our seminarians, Hilton Chiu, Michel Quenneville, and Jude Thusiar. After opening remarks by Father Jan Kusk, Vocations Director, and an informative video presentation on St. Augustine's Seminary, each seminarian spoke in turn about his priestly vocation. Archbishop Mulhall then shared the details of his own journey to the priesthood and encouraged those present to pray for vocations. There was much laughter when Nadia Gundert played a very entertaining slide show, which featured a page for each one of our priests, our Archbishop, and our Archbishop Emeritus, with pictures dating from the time when they were seminarians beside more recent pictures. Nadia also sang several moving musical selections in duet with Robert Brown. The Knights of Columbus then presented each seminarian with a generous gift to help with their studies. The afternoon program concluded with prayer and the hymn, "The Summons", which was sung by the entire congregation, before they moved to the parish hall for dinner. Guests were then treated to a delicious and plentiful buffet, prepared by the women of the parish.

## From the Liturgy Office

Mariola Gozdek

When we talk about parish hospitality, most of us think about refreshments after Sunday Mass or greeters at the back of the church who welcome people and distribute the parish bulletin. While these are important outward signs, we are called to a deeper hospitality – a true evangelization – as we proclaim the Good News of Jesus Christ in our words and actions. In the words of Pope Paul VI, “Modern man listens more willingly to witnesses than to teachers, and, if he does listen to teachers, it is because they are witnesses.” We are all called to be witnesses to our faith. As we gather for Sunday Mass and then go out into the world, all of us become ministers of hospitality, and that hospitality is our evangelization.

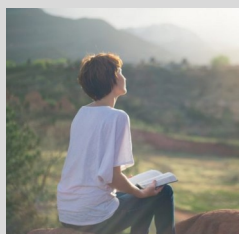
Pope Francis says that, “Evangelizers must never look like someone who has just come back from a funeral.” (*Evangelii Gaudium*-EG)

Each Mass is a privileged place of evangelization. There, we encounter the largest group of people. When people are warmly welcomed, they feel attracted to the community. When they are invited to join in prayer, they feel accepted and included. Sitting in my favourite place at the edge of the pew, I am called to move over and invite others to take a place beside me. This is what Pope Francis calls getting out of our comfort zone. (EG)

Not only greeters, but all liturgical ministers, evangelize by their service. The cantor or music director invites all to sing the gathering hymn. Readers evangelize as they convey the Word of God; they are called to proclaim, not just read. By making eye contact with the congregation, they establish a line of communication, and, by making time for silence at prescribed times, they allow the Word of God to enter our hearts. Ministers of Holy Communion evangelize as they extend a gentle smile and look into each communicant's eyes, saying, “The Body of Christ”. Their hands hold and share the Lord. What a privilege! What a genuine encounter!

Evangelization begins with encountering people. To encounter someone means to meet them where they are, listen to their stories, and engage in dialogue. In the Liturgy, we encounter God. He speaks to us; we listen and respond. We receive Him in His Body and Blood, and we learn to see Him in all our brothers and sisters. The parish evangelizes by extending hospitality to children in the Sunday Liturgy of the Word, and, to Youth, with a designated Youth Ministry. It evangelizes with faith formation, Christian Initiation, and outreach programs. Parish evangelizing hospitality is extended to those who are sick, grieving, lonely, and housebound, as Ministers of Pastoral Care bring them the Good News and Holy Communion, and offer the gift of their time, their friendship, and a listening ear.

We all have our comfort zones – our familiar place in the pew, our preferred days of service, our favourite prayers, and our comfortable interactions. The Church is calling us to reach past our comfort zones and to give the Lord our hands, our feet, our time, and our talent to extend His hospitality and serve His people.



### Day of Reflection

*A mini-retreat for Parish Music Ministers*

**“Praying the psalms we proclaim”**

**Saturday, October 5, 2019**

9:30 a.m. to 2:30 p.m.

**Saint Paul the Apostle Parish, Kingston**

**Facilitator: Deacon Bill Gervais**

This mini-retreat for parish musicians will connect participants with the psalms they sing each Sunday.

Through a series of talks, guided prayer, silent reflection, and small group discussion, participants will discover the meaning and power of the psalms they proclaim.

*Registration is required. Lunch and refreshments will be provided. Free will offering.*

**To register:** contact Gorett at 613-548-4461  
[ore@romancatholic.kingston.on.ca](mailto:ore@romancatholic.kingston.on.ca)

### Annual Archdiocesan Liturgical Conference 2019

Providence Spirituality Centre, Kingston

Friday, 15 November, 6:30 pm—9:00 pm, and

Saturday, 16 November, 9:00 am—3:00 pm

This year's Liturgical Conference will explore the theology and spirituality of Baptism as a foundation for formation and ministry, and will be especially beneficial for ministry leaders and trainers. We will learn how to lend our voices to Christ, to proclaim his message, and to be agents of unity and peace. Exploration of the Eucharistic Prayer will help us to understand how to participate in an intimate way in the transformation and building up of the Body of Christ. Our presenter will be Bernadette Gasslein, who is the current Editor of the liturgical journal, *Worship*, and the former Editor of *Celebrate!*, Canada's award-winning pastoral liturgy magazine. For more details and registration information, please check your parish bulletin or the Archdiocesan website.





## From the Office of Family Ministry

Sr. Lucy Kearney, SP

*"And in all things, God works for the good of those who love him, who have been called according to his purpose".  
Rm. 8:28*

As the summer months wane, and plans for the coming months are initiated, I reflect upon the changes taking place in the lives of families, which, in turn, affect the dynamics in our parishes.

Students are entering various levels of education for the first time. Newly married couples are entering marriage with great expectations, while parents are experiencing the adjustment to the empty-nest syndrome. At a time when excited, though apprehensive, young people are entering their chosen profession, older people are transitioning into the unknown of retirement years. Others are experiencing deep sadness, whether through a sudden illness, loss of employment, the death of loved ones, or the pain of separation and divorce.

It is to those experiencing loss that I now turn – loss resulting from death or separation or divorce. The annual Archdiocesan Retreat for Separated, Divorced, and Bereaved is scheduled for Friday evening and Saturday, October 25<sup>th</sup> and 26<sup>th</sup>, 2019. In the quiet environment of Providence Spirituality Centre, Anna Racine, the facilitator of the 'Grief Journey Retreat: A Safe, Caring, and Nurturing Time' invites you to come away, pause, reflect, and explore your personal journey of navigating through grief. Anna is a Retreat facilitator at Mount Carmel Spiritual Centre in Niagara Falls, and she has much experience in facilitating the separation/divorce healing ministry and journeying with bereaved families. This retreat is designed to provide participants with insight, hope, and support, as each moves forward in the healing process. For further information, contact Sr. Lucy Kearney at 613-548-4461 or visit our website, [www.romancatholic.kingston.on.ca](http://www.romancatholic.kingston.on.ca).



## A busy year for the Catholic Women's League in Kingston

By Margie Royal

This has already been an amazing year for the Catholic Women's League in the Archdiocese of Kingston, and there are many more wonderful things to come. Please take a look at our website, [www.kingston.cwl.on.ca](http://www.kingston.cwl.on.ca), to see the many activities and events that are taking place in our Diocesan and parish councils.

The month of March began with a 'Day of Reflection - Honouring the Mystic In You'; in May, we held our annual Diocesan Convention; and, in July, we hosted the Provincial Convention. It is such a blessing to be part of all the prayers, love, and laughter. Our new National Theme, 'Care for Our Common Home', challenges us to look closely at our daily lives and the many things that we take for granted, such as clean and plentiful drinking water, which many other communities do not have. We cannot afford to waste this

valuable commodity. Add your voice and support to a National Sisterhood of Catholic Women who promote awareness and respond to political and social issues that affect all Canadians – "I can make a difference"!

May the breath of the Holy Spirit take hold of us and, through our witness, bring forth the fruits of the Good News!

**New Executive elected.** The Annual Convention of the Catholic Women's League of Kingston was held on Saturday, May 4<sup>th</sup> and Sunday, May 5<sup>th</sup>. The newly elected members of the Executive were installed at the Closing Mass at St. Mary's Cathedral.



Back row (left to right) - Father Dale Wright, Nancy Richer, Jean Mulvihill, Margie Norwood, Angela Town, Lyne Tuepah; front row (left to right) - Karen Mulvihill, Maureen Vincentine, Elizabeth Knudson, Wilma Turcotte, Colleen Hill.

*Photo by Margie Royal*

## From the Office of Religious Education

Mary-Jo MacKinnon-Simms

*Like good stewards of the manifold grace of God, serve one another with whatever gift each of you has received. 1 Peter 4:10*

The Office of Religious Education continues to support and promote catechetical initiatives of the Archdiocese through lay faith development, workshops, and formation programs. Pastoral care workshops continue in various parishes of the Archdiocese. These workshops provide support for existing pastoral care teams and for parishes intending to establish this ministry. Please contact Mary-Jo or Mariola for more information.

Beginning this Fall, we are pleased to offer, in each of the Deaneries, a presentation on ***The Name of God is Mercy***, facilitated by **Friar Ed Debono, OFM (Conv)**. Please watch your bulletin for dates and times in your area.

The Pastoral Centre will be hosting a retreat seminar by **Robert Mundle** on ***Salesian Spirituality***. The seminar will focus on the model of spiritual friendship in the writings of St. Francis de Sales and his partner in ministry, St. Jane de Chantal, providing insight and inspiration to help us live joyful, holy lives, each in our own way, according to our own unique duties, abilities, and relationships, and in the spirit of true devotion. Sessions will include instruction on the Salesian Tradition, as well as time for group reflection and faith sharing. Please check our website for information and registration.

***The Prison Ministry Training Program*** will be held on six consecutive Wednesday evenings, beginning October 16<sup>th</sup>. Each session will run from 6:30 p.m. until 8:30 p.m. at the Pastoral Centre. For more information on this program, please contact Mary-Jo.

Finally, we are excited to announce that we will begin a new initiative this Fall to support Lay Faith Development. We will be partnering with Newman Theological College in this endeavour. Those interested in faith formation courses and programs are invited to visit our website or call the office to speak with Mary-Jo for more information.

### Sister Peggy Malcolm Retires from Prison Ministry



After 32 years of service in prison ministry, Sister Peggy Malcolm, sc, is retiring. Sister Peggy started her journey in this ministry in 1987, as a chapel volunteer at Kingston Penitentiary. In 1989, she became a part-time chaplain at the former Frontenac Institution, and, while there, developed a number of programs focused on restorative justice and self-development. As a former teacher, her leadership and mentoring skills were of great use in these endeavours. In 1995, she became a chaplain at the Prison for Women, where she continued to serve until 2000. For many years, she has worked with women transitioning through Isabel MacNeill House.

Since 2000, Sister Peggy has volunteered at Collins Bay and Joyceville Institutions, where she regularly attended Mass in the chapels and was instrumental in preparing the music liturgy. She has taught guitar, the

Enneagram Program, and various life skill courses over the years. She has attended parole hearings, written support letters, and provided one-on-one counselling. She has worked tirelessly to offer support to those being integrated into the community and has shown love and mercy in all that she does. She was the inspiration for the Prison Ministry Volunteer Training Program, which has been in place for the past 18 years. She has been faithful in her support to prison chaplains and all whom she serves – offering encouragement and counselling. Through this course, and through her mentoring of a generation of prison ministry volunteers, her legacy will endure and her tireless efforts in ministering to many vulnerable people will continue to inspire. We wish her all the best on her retirement and thank her for her faithful service.



## From the Youth Office

Nadia Gundert

What a beautiful summer we had, with lots of youth from across the Archdiocese joining in on Archdiocesan initiatives! We wrapped up our 3rd Duc in Altum in June with a wonderful weekend retreat in Tay Valley, where we had the opportunity to reflect on our journey this past year. The Totus Tuus Summer Camp was back in full swing with four weeks in Kingston, Perth, and Belleville. Our 200+ day and evening campers enjoyed sports, games, music, discussion, faith activities, and more with our awesome volunteers and camp missionaries. You can find lots of photos from our camp season on the Archdiocesan website. An amazing group of teens attended the Steubenville Toronto conference in July where the theme 'Belong' was explored: "See what love the Father has bestowed on us, that we may be called children of God." (1 John 3:1) We all desire meaningful connections and authentic relationships, but many of us, including young people, feel alone and disconnected. This year's theme encouraged teens to grow in relationship with our God, who loves us unconditionally and wants us to be at home with Him. Pope Francis, in his letter to young people, echoes the same theme when he says: "The very first truth I would tell each of you is this: 'God loves you'. It makes no difference whether you have already heard it or not. I want to remind you of it. God loves you. Never doubt this, whatever may happen to you in life. At every moment, you are infinitely loved." *Christus Vivit*, 112." I pray that young people have that feeling of 'home' in their parish communities, and that our ministry, liturgy, and community will make all feel that they belong.

As we dive into the Fall, Duc in Altum will begin with a new group of young adults. There is an information night on Tuesday, Sept 17th at 7pm for young adults in their 20s or 30s who are interested in learning more about the experience. Our Witness Faith Days with Grade 6 students across the Archdiocese will take place on Sept 30 - Oct 4 in our deaneries in collaboration with the ALCDSB and CDSBEO. The Hamilton Diocese will be hosting a national conference 'Hope Comes Home' in February that will be unpacking the youth synod and discussing how to engage young people in the Church. There will be a delegation attending from Kingston; if you are interested in more information, please contact me at [youth@romancatholic.kingston.on.ca](mailto:youth@romancatholic.kingston.on.ca). As well, a conference for young adults, 'Renew', is being held in Toronto on November 9<sup>th</sup>. This will be an incredible event, and the Youth Office will be arranging carpooling for anyone interested in attending. To follow the latest news and events, please visit the Youth Office Page on our website or our Facebook page @archdioceseofkingstonyouthoffice, Instagram @youthofficekingston, or Twitter @archkingstonYO.

Wishing all the best to students beginning a new school year and blessings to all this Fall.

Please continue to pray for the youth of our Archdiocese.



Steubenville Toronto Group 2019



Totus Tuus Summer Camp 2019



Duc in Altum 2018-19 Participants







# RENEW

## TORONTO

### YOUNG ADULT CONFERENCE

November 9, 2019 | Isabel Bader Theatre, 93 Charles St. W, Toronto

More info and registration at [www.ocytoronto.org/RenewTO](http://www.ocytoronto.org/RenewTO)

## Learn More About

**Renew Toronto**

Renew Toronto is a conference for all young adults aged 19-39. It is an opportunity to grow in faith with like-minded people in a similar stage of life. This conference will offer unique opportunities for students, young adult professionals, young couples, families, men and women!

Unite with one another to collectively **renew** our hearts, **renew** our call, and **renew** our community.



**Leah Darrow**  
Speaker



**Pete Burak**  
Speaker



**Stacy Trasancos**  
Speaker



**Fr. Kevin Belgrave**  
Speaker



**Fr. Tom McCarthy**  
Speaker



**IV24**  
Worship Band

CANADIAN CATHOLIC YOUTH MINISTRY CONFERENCE

#HAMONT

# HOPE COMES HOME

43.2568° N  79.8721° W

[WWW.HOPECOMESHOMES.COM](http://WWW.HOPECOMESHOMES.COM)

FEBRUARY 21-23, 2020  
HAMILTON CONVENTION CENTRE  
HAMILTON, ONTARIO

DIocese of HAMILTON  
[www.hamiltondiocese.com](http://www.hamiltondiocese.com)

**DUC IN ALTUM INFO NIGHT**

**TUESDAY, SEPTEMBER 17th at 7:00 pm—390 Palace Rd, Kingston (Pastoral Centre)**

**For Catholic young adults in their 20s & 30s!**

**A journey that leads you to discern fully & freely God's amazing dream for you!**

**Ten Reasons to Join the Legion of Mary**

1. Joining the Legion of Mary may help grow hair.  
The following is a true story. It concerns the late Father Francis Ripley of Liverpool, England, who was recruiting members for the Legion of Mary in a local hospital. One German patient had been in a tank explosion and had lost all of his hair. The soldier asked if the Blessed Mother would help his hair grow back, if he joined the Legion. Father Ripley replied that he would not be surprised if that happened. Three months later, this new Legion member had a handsome head of blonde hair!
2. The Legion of Mary will help you to grow in Holiness.
3. You will learn more about your Catholic faith, as you share it with others.
4. You will fulfill God's Plan for you in the New Evangelization.
5. You will keep young by being active and alive in Christ.
6. You will make new friends, who share a common purpose.
7. Many Masses will be offered for the repose of your soul after you die.
8. You will save souls for Christ.
9. The Holy Spirit and Our Blessed Mother need your hands and heart!
10. You will be a good steward of the gifts that God has given to you.



If you would like more information on joining the Legion of Mary, please contact Cheryl Power at 613 929-0777, [yourhomecaregiver@gmail.com](mailto:yourhomecaregiver@gmail.com).

## From the Justice and Peace Commission

Valerie Kelly, Coordinator

The Justice and Peace Commission partnered with the Social Planning Council of Kingston and District to host a Housing ACTION Forum on May 15, 2019. The need for affordable housing has long been recognized in Kingston. That need was made particularly clear in a February 2018 presentation by the CEO of Indwell (Jeff Neven) to a class of the School of Urban and Regional Planning at Queen's University, which was attended by members of several faith communities. The Housing ACTION Forum report was released in early June. The need for more affordable housing is obvious across the country. In Charlottetown, PEI, plans are underway for a 60-unit building, with the federal government providing an \$11 million loan, along with a \$900,000 grant for the project. In Kingston, Home Based Housing has plans to purchase Princess Street United Church. In Vancouver, work has started on more than 2,450 new affordable rental homes, as part of the province's investment in affordable housing.

The Commission recognizes the importance of developing and sustaining relationships among faith communities. In addressing issues of justice and peace, the Commission supports:

- the establishment of a Peace Grove by the Kingston Interfaith Community;
- the Diocesan Correctional Chaplaincy Fund, established in memory of Rev. Jeanie Oulton;
- writing to your local MPP and the Premier of Ontario to express concern about the potential negative impact of 2019 educational changes;
- the Diocesan Green Group Speakers' Series. The second session will be held on Thursday, Sept 19<sup>th</sup> at 6:30 p.m. at the Anglican Cathedral of St. George in Kingston, featuring Dr. Dianne Saxe, Environmental Lawyer and former Environmental Commissioner of Ontario, who will discuss current environmental issues in Ontario.

More information on these initiatives can be found on the Justice and Peace Commission's Facebook page, and on the websites of the Roman Catholic Archdiocese of Kingston and the Anglican Diocese of Ontario. In 2020, the Justice and Peace Commission will celebrate its 15<sup>th</sup> Anniversary. If you would like to find out more about the Commission, please contact Rev. Valerie Kelly, Coordinator, at [vkelly@ontario.anglican.ca](mailto:vkelly@ontario.anglican.ca).

## Celebrating a milestone with the Congregation of Notre Dame

Katherine Quinlan

On Friday, May 31<sup>st</sup>, the Archdiocese of Kingston celebrated a special milestone with the Sisters of the Congregation of Notre Dame. On that lovely Spring day, clergy, religious, and laity from parishes throughout the Archdiocese gathered with the CND Sisters and their Associates at St. Joseph's Church in Kingston for a Mass commemorating the 400<sup>th</sup> Anniversary of the birth of their Foundress, St. Marguerite Bourgeoys.

Archbishop Michael Mulhall presided at the Mass and Archbishop Emeritus Brendan O'Brien concelebrated. In his homily, Archbishop Mulhall spoke about the legacy of St. Marguerite, which continues in the faith-filled lives of service of the Sisters in the Congregation she founded. He expressed directly to the Sisters his admiration and his personal appreciation for all that they have contributed to the Archdiocese since their arrival 178 years ago.



*Photos by Sharon Buffett*

Sister Rosemary Shannon, cnd, gave touching remarks of welcome and gratitude at the beginning of the Mass, and Sister Rosemary Brosseau, cnd, spoke eloquently (and humorously) at the conclusion. Students of Regiopolis-Notre Dame Catholic High School and St. Marguerite Bourgeois Catholic School in Kingston were active participants in the Mass, providing all the beautiful music and bringing up the gifts at the Offertory. Everyone in the church was enchanted with the sweet voices of the choir of St. Marguerite Bourgeoys, as they sang their school song, "St. Marguerite, we love you."

Following the Mass, a reception was held on the church lawn. Under the shade of the tent and the trees, all present enjoyed a delicious luncheon with the Sisters, as they expressed their congratulations on this Congregation milestone and their appreciation for the good work of all the Sisters.



## To be a servant of Christ and His Church

Susan Lett

Whenever I meet a priest at the office or at church, I find myself wondering why he chose the priesthood. I am grateful that our priests made that choice, but curious about what led them to this important vocation. I decided to ask a few of them this very question. Here are their answers:



**Father Brian Price, St. Francis Xavier Parish Brockville,  
Dean of the Eastern Deanery**

"I knew from a very early age that I was to be a priest. It was not something I agonized over, but, rather, it was a given. I had support and encouragement from my family and from my teachers in school, especially the Sisters who taught me. Even among my peers, my vocation was generally accepted and actually taken for granted, which was a form of support. I had the parish priests as role models. They weren't perfect, but they were dedicated men whom I liked and admired. Supported by my pastor, I met with Archbishop O'Sullivan and was accepted for the seminary. I entered in September of 1963. The Second Vatican Council was underway, and all kinds of changes were taking place in the Church, some of them difficult to adjust to. As a class, we tried to support and encourage one another. The original conviction still held for me, as it does to this day. I was ordained on May 17, 1969, and, fifty years later, I still rejoice in the gift of the priesthood – with no regrets."

**Father Dale Wright, St. John the Evangelist Parish, Gananoque, and St. Philomena, Howe Island**

– *Father Wright's vocation story is reprinted from an interview that he did with The Catholic Register.*

"Father Wright was born in Belleville and raised in a devout Catholic family. But, as he grew up, he slowly drew away from the Church. Then, when in his 30s, during a bout of disappointment and frustration, he experienced a reconversion. "My Lord and His Church became the greatest desire of my heart. I began to attend Mass on a daily basis, and my relationship with God continued to deepen. I really began to wonder what I should be doing with my life, and, for the first time, I asked God in prayer what was His plan for my life." It dawned on him that perhaps God was calling him to be a priest. He struggled with this, thinking himself too unworthy. He turned to Mary, consecrating his life to Jesus through His mother. And that made all the difference. "It was through her intercession with her Son that I finally realized that it had nothing to do with being worthy, because only Christ was truly worthy to be a priest." Sixteen months later, he began his formation at St. Philip's Seminary and then continued studies at St. Augustine's Seminary. "I can honestly say that these have been the best years of my life, and I would not trade them for anything."

**Father John Brennan, Our Lady of Lourdes Parish, Kingston, Dean of the Central Deanery**

"It is His gift. I did not choose Him. He chose me". This is vocation. Vocation means call. One does not choose the priesthood. It is not possible to choose that which belongs to the Lord. A vocation to share in the priesthood of Jesus Christ is one of the most mysterious, blessed, unmerited, and unearned gifts given by Christ, the High Priest. No one is worthy. The call is not about the priest. It is not about me. It is about Him. Every blessing and every mercy permitted to me have been grace to be the servant of Christ and His Church. I was given holy, happy pastors, and relatives and neighbours who were priests and consecrated religious. I had the privilege of Catholic elementary and secondary schools. I had the Sisters of Providence as teachers and mentors. St. Peter's Seminary assisted in my formation. At my ordinations to the diaconate and to the priesthood, I was literally 'called by name'. I had generous and gentle pastors who have guided me in my first years of ministry. The Archbishops have been paternal and kind to me. In the parishes to which I have been assigned, I have been granted encouragement, patience, acceptance, tolerance, compassion, and love. I am aware that, with the parishioners I serve, I am often in the presence of saints. Their faith, humility, and courage are true lights to guide me. Those who regularly pray for me are my most needed friends."

**Father Francis Zambon, St. Peter-in-Chains Parish, Trenton**

"I was blessed to grow up in a very strong Catholic family. Going to Mass every Sunday, singing in the choir, serving on the altar and as lector, and praying together at home were a normal part of our family life. But it wasn't until I started volunteering in youth ministry, during my college years, that I came to appreciate how blessed I was to grow up in a faith-filled home. I met many young people facing challenges that I could only imagine. Realizing how my faith had helped me through difficult times in my own life, a desire awakened within me to share this faith with them to help ease their burdens. While the possibility of being called to the priesthood surfaced for me at that time, it would take many more years of prayerful discernment, seminary formation, and some powerful signs from God before I decided to stop running and accept the vocation to which God was calling me. After five years of priesthood, I can say that I have been abundantly blessed, strengthened, and encouraged by the many people I have met along the way, and I find it humbling to see the ways that God is working through an imperfect person like me to minister to others."

## Superintendent Theresa Kennedy Receives National Leadership Award

Jessica Salmon



Ab Falconi, President of OCSOA (pictured left), and John Kostoff, Executive Director of OCSOA (pictured right) honoured Theresa Kennedy (pictured center) at the OCSOA award ceremony in April.

Photo by Jessica Salmon

Congratulations to Theresa Kennedy on receiving the Leadership Award for both the Ontario Catholic Supervisory Officers' Association (OCSOA) and the Canadian Association of School System Administrators (CASSA). Theresa is the Superintendent of Education for the Algonquin and Lakeshore Catholic District School Board. Through her dedicated leadership, anchored by faith, she has supported the mission of Catholic education for 27 years as teacher, principal, and superintendent.

Theresa is respected by all those with whom she works. She has a unique ability of recognizing the strengths of her staff as she helps them to deliver the best education possible for their students. She has demonstrated strong communication and strategic planning skills through progressively challenging leadership portfolios and has worked collaboratively to develop strategic directions for the Board. She led the planning, development, and implementation of full-day kindergarten, and directed the Board's Mental Health, Addictions, and Well-being Strategy.

Theresa has chaired the Regional Special Education Committee for Eastern Ontario and the Hastings and Prince Edward Children and Youth Services Network, as well as many Board Committees. She has also chaired the Kingston Centre Accommodation Review Committee, is a core member of the Moving on Mental Health Committee, and serves as an ALCDSB representative on youth homelessness and youth employment advisory committees. She has served as both vice president and president of OCSOA and as its representative for CASSA, and was previously honoured with the OCSOA Past President Award and the OCSOA President Award.



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**November 9-10, 2019**



**"Support your priests with your love and prayers that they may always be shepherds after Christ's heart."**

**Pope Francis**



## Celebrating a dear friend

Susan Lett

On Monday, July 8<sup>th</sup>, clergy, religious, and lay people from across the Archdiocese – and the staff of the Pastoral Centre – gathered at St. Joseph's Church in Kingston for a Mass of Thanksgiving to extend appreciation to **Katherine Quinlan** as she retired after 21 years of dedicated service to the Archdiocese. Katherine has been the Executive Assistant to four of our chief shepherds, Archbishop Francis Spence, Archbishop Anthony Meagher, Archbishop Brendan O'Brien, and Archbishop Michael Mulhall. Not only was Katherine a valued member of our staff for all of those years, but she truly loved her job, and that showed in everything she did.

The Retirement Mass was celebrated by Archbishop Mulhall, concelebrated by Archbishop O'Brien and twenty-five of our priests, and featured a wonderful homily by Monsignor Joseph Lynch and touching words of appreciation by Archbishop O'Brien. The beautiful voices of the choir of Our Lady of Lourdes Parish filled the church as they led the congregation in hymns of thanksgiving. After the Mass, a lovely garden party was held on the lawn of the church, where those in attendance had an opportunity to express their good wishes to Katherine, her husband, Larry, their son, Ryan, and his family, who had travelled from California, and their daughter Elizabeth, who had come all the way from China to be there. After many years of working very long hours, Katherine is looking forward to spending more time with her family, and especially her young grandchildren, one of whom, Cecily, is pictured here with her grandparents. Happy Retirement, Katherine! We will miss you.



Photos by Sharon Buffett